



## WELCOME!

How nice that you are interested in Basic Training Feng Shui and Inner Space Design!

As far as I know, this training is the only Feng Shui training in The Netherlands in which you learn to apply Feng Shui to the practical setting of your own home. Unlike trainings with larger groups, we will focus on a very small group up to 5 students so each of you will get my full attention.

The training is a good starting point for novice Feng Shui practitioner and generally interested in the subject. There will be **10 lessons in total - 4 theoretical lessons** which will be sent to you as pdf-files via email and **5 practice lessons** and - after the successful completion - **a final get-together** where we discuss your final projects and receive your certificates! From lesson 5 onwards we will start to focus on your own final assignment, which will be a full analysis of the house of a 3rd person.

Each practice session will take place at one of the students homes so everyone gets not only a lot of practical experience but also their house analysed as an extra bonus (which would usually be about the same costs as the course fee!) . This way you learn a lot about practical matters that you will encounter when working with Feng Shui in your daily life and you can ask specific questions that wont get answered in any books! You will learn that every house is different and needs an individual approach.

The course includes theory and practical implementation of the classical Feng Shui and contemporary developments within the field of what I termed 'Inner Space Design'. You will see that a space is so much more than just four walls and a pretty and clever design. It is always a mirror of the person who lives in that space. Together we will learn how to analyse what we see so we can come to holistic solutions that truly help the person feel better in their lives!

This training gives you the basics of the classical Feng Shui to be able to make a sound analysis of a house. Yet we will also go deeper and address the deeper layers of what 'Home' really means. Meanwhile you will get a lot of homework questions which are fun and stimulate your creativity. Some are mandatory, some you can do at your leisure or decide not to do. It's up to you!

In the mornings of the practical lessons we will discuss homework or questions that may come up for you during the study. After lunch we will focus on the house of the student where the lesson is taking place. Here we will apply the learned theory and discuss what we see and experience. You will see that every home is different and brings up different questions - and this makes this work so exciting!

After completing this course, you will have comprehensive knowledge, both theoretical as well as practical, which enables you to perform a professional analysis of your home and that of friends and family.

The lessons consist of 4 lessons at home (with telephone and written guidance, and homework), and 3 lessons on location to apply the theory to the practical living conditions of the participants.

## WHAT YOU WILL LEARN

In this course we will cover the very essence of Feng Shui:

- **the mysterious wisdom of the dynamic between Yin and Yang and how this plays out in the environment**
- **learning to feel and 'read' the 'Chi' of a place**
- **Yin sha and Yang sha - and how to spot them**
- **the ancient roots of Feng Shui and the different schools**
- **the 5 Elements and their effect on humans and environments**
- **learning how to make a personal 5 Element profile and analyse it**
- **the 8 Trigrams and their relationship with the house**
- **how to work with the Lo Pan**
- **how to create a BaGua of a house**
- **the workings of KUA numbers**
- **the psychological effect of colours**
- **how to implement all these various aspects in order to come to a comprehensive analysis**

## WHAT YOU NEED FOR THIS COURSE

Basically, you don't need much for this course you do not already have at home:

- A computer / laptop / tablet with Internet access / evtl. Skype
- An accurate floorplan of your home
- A Lo Pan (the instrument we will work with. If you don't own one you can buy it from me at a special price for students - please ask!) \*
- Your exact birth date and time for your personal 5 Elements profile
- A notebook for notes and sketches (can also be digital!)
- An accurate compass (nowadays this should be on your mobile!)
- A good ruler of at least 30 cm length
- Coloured pencils

\* In Lesson 5 you will learn to work with the Lo Pan, the traditional Feng Shui compass. We have developed a modern and easy to handle version for the Dutch Feng Shui practitioner which we offer to a student price. Please let us know in advance if you want to order one as every Lo Pan will be hand made on request!

## TIME INVESTMENT

The theoretical lessons include exercises and homework. The homework are an important part that is necessary for your final project so those are mandatory. The exercises are creative exercises to go deeper in on the subject but without obligation. (Some exercise questions are rather personal and you are by no means obliged to share them with the others if you feel like you would rather not!)

For the theory, you can expect 6-10 hours of study time to read the theory and doing homework. I will also recommend some books which are not mandatory but perhaps good to read while doing the training.

The practical lessons take place on site between 10:00h t / m 16:00h with a lunch break of between 30 min - 45 min and 2 short tea breaks in between. (Since the setting is rather informal, we usually keep on discussing during those breaks ;) )

Given that the study group is small, it is possible to adjust the timetable according to everyone's needs. The average length the training takes place is between 5-8 months, depending on how much time people need.

Before starting the course we usually have an introductory meeting for all participants so that everyone gets to know each other and say hello before the course begins. Here we can also discuss possible questions, set up an agenda for the first couple of practical lessons, etc. Usually we meet at Cafe Amsterdam ([www.cradam.nl](http://www.cradam.nl)) near Westerpark, Amsterdam. It is easy to access by bus Nr 21 from Central Station or by tram Nr 10.

## **COSTS**

The total amount of basic training with multiple participants is 995,- € plus VAT (208.95 €) so in total the amount is **1203.95 €** incl. VAT) The amount can be paid in concert in six instalments of € 200,65€.

## **FEEDBACK**

*Last year I attended the course at Lioba Feng Shui for beginners. I had already met Lioba at one of her workshops and was very impressed with her knowledge and love for the profession. She obviously has a wealth of experience and has shared a lot of that knowledge with us.*

*The way Lioba performs an analysis is extremely respectful and thorough and with a vast knowledge of business! She responds to the demands and needs of the client and provides custom-made solutions. Her enthusiasm is contagious. I learned a lot from her and recommend her warmly. - Marja Dekker, [www.dekkerconsults.com](http://www.dekkerconsults.com), Amsterdam*

*Last year I attended the training Inner Space Design with Lioba. I myself have a lot of experience in interior (office) design and consulting, especially in a functional sense. The reason I wanted to take this course was because of my interest in a deeper layer, the effect of the environment on the wellbeing of people. To experience that when a space supports you, you will feel so much better!*

*There was an instant click with Lioba when I approached her. I admired the way she looks at spaces and links the effects of a space on people. She is very passionate about what she does. She is a whiz to get to the core of an analysis by asking questions. She clearly has a lot of experience and knowledge in this profession.*

*The training was clearly structured and the material is made with a lot of attention, it is a joy to learn and read. Theory and practice were pretty varied and both were well covered. A great course where I learned a lot. Dear Lioba, thank you for your inspiration! - Kim Diedereren-Koenders (Sensing Spaces Consultant), Utrecht 2015*



# REGISTRATION FORM

To register for the course Feng Shui and Space Analysis send the completed form to: [info@balancingwalls.com](mailto:info@balancingwalls.com) or by mail sent to

Lioba Steinkamp / Balancing Walls  
Haarlemmerweg 211-3  
1051LE Amsterdam

The total amount for the training with multiple participants is **1203.95 €** incl. VAT (995,- € plus VAT (208.95 €) The amount may be paid in six instalments of € 200,65€ after receiving the theoretical lesson per email.

Please transfer the first payment (whether it is the full amount or the instalment) before the course starts as a confirmation at **Triodos Bank NL73 TRIO 0786 7528 23, Lioba Steinkamp / Balancing Walls, 1051 LE Amsterdam** \*, (please don't forget to state your name)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

TEL: \_\_\_\_\_

BIRTHDAY (INCL. TIME AND PLACE) \_\_\_\_\_

DATE: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

For questions I am always available on working days between 10:00h t / m 17:00h either by phone (cell: 06 24,802,689 or office: 020 7769221) or by email: [info@balancingwalls.com](mailto:info@balancingwalls.com) or via Skype: BalancingWalls

I look forward to welcoming you on the course!

\* **NOTE:** Your place in the course will be reserved for you after I received the first payment. If you decide or are unable to attend the course before the course starts, the full amount (excl. 50,-€ administration costs) will be refunded. If you are not unable to follow a lesson at short notice so the date cannot be revised, then you can catch up in a later course or by appointment catch up with the lesson in a way we will then discuss.